



Certified Reiki Practitioner Training Schedule January 2024 – June 2024

1/07 10am to 6pm *The Full John Harvey Gray Reiki Treatment – A Review (7 hours)*

- Demonstration of a full 2nd Degree Reiki treatment
- Hand positions
- Anatomy under each hand position
- Scanning the aura and chakras
- Emotionality in the Chakras
- Opening & closing spirals
- Review symbols and 2nd degree techniques

TBD 6:30pm to 9pm *Supervision Group Discussion (2 hours)*

2/04 10am to 5pm *Intake & Mental Treatments (7 hours)*

- Resonating with a client (tethering) and active listening
- Maintaining professional boundaries / Don't give advice
- How to ask intake questions that solicit useful answers
- Developing mental treatment language / imagery
- Keeping yourself and your opinions out of it
- Assessment and treatment plan
- Clinical notes / documenting the session

TBD 6:30pm to 9pm *Supervision Group Discussion (2 hours)*



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3/03 10am to 5pm *Serious Health Conditions (7 hours)*

- Cancer
- Pregnant Women
- The Elderly
- Anxiety and PTSD
- Compromised Immune Systems
- Gender and sexuality
- Treating people who can't roll over on their stomach
- How to hold your body at the table to avoid pain and suffering

TBD 6:30pm to 9pm *Supervision Group Discussion (2 hours)*

4/28 10am to 5pm *Professional Appearance and Tools (7 hours)*

- Tools of the trade and why we need them
- Sanitary practices and precautions
- Clothing, jewelry, and maintaining your own privacy and boundaries
- Creating conditions that work for different types of clients
- How to provide comfort and professional service to your clients
- Beverage & linen service / consumables to keep on hand
- How to incorporate non-Reiki tools (crystals, aromatherapy, etc.)
- Handling payments, tipping, and financial recordkeeping

TBD 6:30pm to 9pm *Supervision Group Discussion (2 hours)*



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5/26 10am to 5pm *Business Practices (7 hours)*

- Being Seen / advertising / community promotions
- Web site / business cards / brochures / online booking tools
- Insurance / professional associations / social media
- Regular cleaning of your space / sending Reiki to your business
- Keeping the office stocked with everything you need
- Handling client records / Privacy / Confidentiality
- Assignment of Liability / Responsibility Forms
- Practitioner Insurance Policies
- Rebooking and recommendations to keep them coming back

TBD 6:30pm to 9pm *Supervised Group Discussion (2 hours)*

6/09 10am to 5pm *The Symbols and Spiritual Development (7 hours)*

- A review of the symbols
- Students practice drawing the symbols (all month) with ink brush
- Consciously working with symbols, repeating the sounds / meaning
- No past, no present, no future – The power of HSZSN
- Kaiji Tomita and his meditation method for deepening Reiki
- Working with self and other (who is treating and who is being treated)
- How do we “give Reiki” when it is the energy in every living being?

TBD 6:30pm to 9pm *Supervised Group Discussion (2 hours)*

TBA July 2024 *Graduation Party Dinner*